

INTERNATIONAL COACHES CLINIC

10. – 11. 8. 2019, PRAGUE, CZECH REPUBLIC

DURING THE MEN'S PREPARATION TOURNAMENT FOR THE FIBA BASKETBALL WORLD CUP 2019

SPORTS ARENA FOLIMANKA, NA FOLIMANCE 2490/2

SCHEDULE

Saturday 10 August 2019

08:15 – 09:15	Registration
09:15 – 09:30	Opening of the clinic
09:30 – 10:45	Lesson 1 – Francesco Cuzzolin „Strength training for youth athletes – what basketball needs“
11:00 – 12:15	Lesson 2 – Francesco Cuzzolin „Deceleration training for basketball“
12:15 – 13:30	Break
13:30 – 14:45	Lesson 3 – Andrea Trinchieri „Pick & roll offense – adjustments and wrinkles“
15:00 – 16:15	Lesson 4 – Andrea Trinchieri „Switching defense and how to handle the mismatches“
17:30	Game Czech Republic – Poland (Sports Arena Královka)
20:30	Game Tunisia – Jordan (Sports Arena Královka)

Sunday 11 August 2019

09:30 – 10:45	Lesson 5 – Luboš Bartoň „Individual skills and its transition into game“
11:00 – 12:15	Lesson 6 – Torsten Loibl „Methods and principles to make practice efficient“
12:30 – 13:45	Lesson 7 – Torsten Loibl „Pacing game up with ball movement“
15:00	Game Czech Republic – Jordan (Sports Arena Královka)
18:00	Game Poland – Tunisia (Sports Arena Královka)

All lessons will be in English language.